



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *Brief MAST (Michigan Alcoholism Screening Test)*

SOURCE ARTICLE: Pokorny, A. D., Miller, B. A., Kaplan, H. B. (1972). The Brief MAST: A Shortened Version of the Michigan Alcoholism Screening Test. *American Journal of Psychiatry*, 129(3), 342-345.

RESPONSE OPTIONS: YES or NO

SURVEY ITEMS:

1. Do you feel you are a normal drinker?
2. Do friends or relatives think you are a normal drinker?
3. Have you ever attended a meeting of Alcoholics Anonymous (AA)?
4. Have you ever lost friends or girlfriends/boyfriends because of drinking?
5. Have you ever gotten in trouble at work because of drinking?
6. Have you ever neglected your obligations, your family, or your work for two or more days in a row because you were drinking?
7. Have you ever had a delirium tremens (DTs), severe shaking, heard voices, or seen things that weren't there after heavy drinking?
8. Have you ever gone to anyone for help about your drinking?
9. Have you ever been in a hospital because of drinking?
10. Have you ever been arrested for drunk driving or driving after drinking?

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

Pokorny, A. D., Miller, B. A., Kaplan, H. B. (1972). The Brief MAST: A Shortened Version of the Michigan Alcoholism Screening Test. American Journal of Psychiatry, 129(3), 342-345.

When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.